

## **Needs of People Living with Dementia**

64%	help remembering things
44%	help finding possible dementia treatments
36%	understanding who to contact with concerns
33%	wanting to see more of friends and family
29%	help with feelings
29%	understanding how dementia might change over time
27%	support to do things
26%	help with transport to and from places
26%	help understanding why you have been diagnosed with dementia
25%	help with gardening
25%	help understanding what dementia is
23%	more enjoyable activities
20%	help using the 'My Aged Care' website/financial assistance



of people living with dementia identified at least one unmet need.

People living with dementia value assistance with

- managing memory issues
- information about their condition
- support for engaging in meaningful social and leisure activities



## Other needs

mentioned by 10-20% of people

- concerns about health
- managing medications
- maintaining routines
- access to home help services
- housework
- stopping pain
- shopping
- preparing meals

#### mentioned by <10% of people

- legal assistance
- moving around the home
- bathing or dressing
- going to the toilet

# **INFORMATION SOURCES**

Mansfield E, Bryant J, Nair BR, Zucca A, Pulle RC, Sanson-Fisher R. Optimising diagnosis and post-diagnostic support for people living with dementia: geriatricians' views. BMC geriatrics. 2022;22(1):143-.https://doi.org/10.1186/s12877-022-02814-0 https://bmcgeriatr.biomedcentral.com/articles/10.1186/s12877-022-02814-0

Mansfield E, Cameron E, Carey M, Boyes A, Nair B, Hall A, et al. Prevalence and Type of Unmet Needs Experienced by People Living with Dementia. Journal of Alzheimer's disease. 2022;87(2):833-42. DOI: <u>10.3233/JAD-215183</u>

People living with dementia were surveyed from geriatric clinics, respite centers, aged care providers, and carers attending support groups.

- 95 people completed the survey.
- 85% identified at least one unmet need (median = 4/26; IQR = 1-9).



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